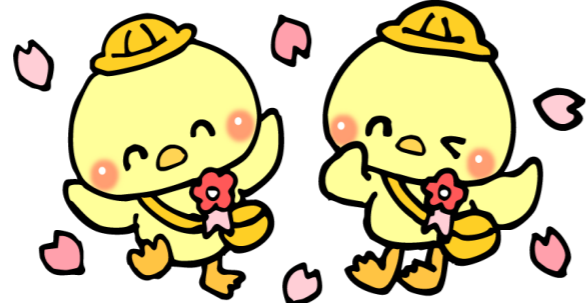




# April Menu

April 2025  
Asari Education Academy Group

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Date		1	2	3	4	5
Morning Snack		Milk Corn Flakes	Milk Biscuits	Milk Crackers	Milk Cheese	Milk Waffers
Lunch		Wheat Rice Miso Soup (Daikon & Egg) Miso Cheese Grilled Salmon & Tomatoes Spinach with Sesame Seeds Yogurt	Wheat Rice Miso Soup (Spinach & Deep Fried Tofu) Potato Hamburg & Carrots w/ Mayo Stir-fried and Boiled Dried Daikon Banana	Wheat Rice Miso Soup (Cabbage) Chicken with Green Onion Sauce Bean Sprout & Enoki Namul Canned Fruit (Peach & Tangerine)	Egg Ankake Rice Bowl Chinese Soup Mayo Sauce Bang Bang Chicken Orange	Soybean Milk Tan Tan Ramen Banana
Afternoon Snack		Milk Sweet Potato Cookies	Milk Soybean Powder Steamed Bun	Milk Grape Jelly	Milk Pie Snack & Biscuit	Milk Melon Bread
Date	7	8	9	10 Pasta Day	11 Bread Day	12
Morning Snack	Milk Crackers	Milk Corn Flakes	Milk Cheese	Milk Japanese Cracker	Milk Biscuit	Milk Waffers
Lunch	Wheat Rice Miso Soup (Daikon & Nameko) Veggie Meatloaf & Tomatoes Spinach and Whitebait Kiwi	Wheat Rice Pork Soup Grilled Ginger Mackerel & Cucumber Mayo Chinese Cabbage with Mushrooms Yogurt	Chicken Curry Japanese Salad Canned Fruit (Pineapple & Tangerine)	Neapolitan Spaghetti Onion Soup Cabbage with Sesame Vinegar Sauce Orange	Dinner Roll Carrot Potage Barbecue Grilled Chicken Mayo Soy Sauce Broccoli Banana	Fried Rice Miso Soup (Cabbage) Custard Pudding
Afternoon Snack	Milk Carrot Cake	Milk Steamed Pumpkin Bun	Milk Butter Scone	Milk Strawberry Jam Cracker Sandwich	Barley Tea Tuna Fish and Salted Kelp Rice Balls	Milk Bean Bun
Date	14	15	16	17	18 World Cuisine	19
Morning Snack	Milk Japanese Cracker	Milk Corn Flakes	Milk Cheese	Milk Crackers	Milk Biscuit	Milk Waffers
Lunch	Wheat Rice Miso Soup (Spinach & Egg) Pork Chops Cucumber Tataki Banana	Wheat Rice Miso Soup (Daikon & Seaweed) Deep-fried Salmon & Tomatoes Coleslaw Yogurt	Wheat Rice Mushroom Soup (Nameko, Shiitake, Enoki) Stir-fried Natto Boiled Chicken and Daikon Pineapple	Wheat Rice Miso Soup (Onion & Deep-fried Tofu) Grilled Miso Mayo Chicken & Tomatoes Harusame Salad Kiwi	Bulgogi Rice Bowl Seaweed and Green Onion Chinese Soup Chinese Broccoli Joa Drink	Japanese Tuna Fish Spaghetti Barley Tea Banana
Afternoon Snack	Milk Sweet Pumpkin	Milk Maple Cocoa Pancakes	Milk Karinto and Biscuits	Milk Apple Jelly	Milk Rice Flour Hotteok (Red Bean)	Milk Melon Bread
Date	21	22	23	24 Noodle Day	25	26
Morning Snack	Milk Japanese Cracker	Milk Corn Flakes	Milk Cheese	Milk Crackers	Milk Biscuit	Milk Waffers
Lunch	Wheat Rice Miso Soup (Cabbage) Wrapper-less Dumpling & Tomatoes Cucumber with Salted Kelp Kiwi	Wheat Rice Miso Soup (Daikon & Egg) Grilled Cod with Butter and Soy Sauce Spinach with Deep-fried Tofu Yogurt	Wheat Rice Miso Soup (Potato & Green Onion) Grilled Chicken & Tomatoes Sesame Seed Carrots Orange Slices	Veggie Salt Ramen Boiled Pumpkin Custard Pudding	Wheat Rice Miso Soup (Green Onion & Deep-fried Tofu) Grilled Chicken with Seaweed and Cabbage Carrot and Tuna Fish Mayo Salad Orange	Sweet & Spicy Veggie Mushroom Bowl Chicken Stock Soup Yogurt
Afternoon Snack	Milk Spinach Cake	Milk Carrot Maple Pancakes	Milk Egg Tart	Milo Chocolate Milk Japanese Cracker	Milk Sweet Potato Yokan	Milk Bean Bun
Date	28	29 Showa Day	30			
Morning Snack	Milk Japanese Cracker		Milk Cheese			
Lunch	Pork Curry Dried Daikon with Tuna Fish Lassi		Wheat Rice Miso Soup (Potatoes & Seaweed) Miso Grilled Chicken Broccoli Okaka Pineapple			
Afternoon Snack	Milk Cookies		Milk Teriyaki Chicken Pizza			

1 ~ 2 year olds: Calories 495kcal Protein 21.3g Fat 15.7g Salt 1.3g  
3 ~ 5 year olds: Calories 570kcal Protein 25.0g Fat 17.3g Salt 1.5g