






February Menu



February 2025

Date	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning Snack						Milk Wafers
Lunch						Minced pork bowl Barley tea Pudding
Afternoon snack						Milk Bean bread
			1-2 year olds Energy 496kcal Protein 21.6g Fat 16.4g Salt equivalent 1.4g 3-5 year olds Energy 570kcal Protein 25.4g Fat 18.2g Salt equivalent 1.5g			
Date	3 Setsubun Menu	4	5	6	7 Bread Day	8
Morning Snack	Milk Rice cracker	Milk Corn flakes	Milk Cheese	Milk Cracker	Milk Biscuit	Milk Wafers
Lunch	Ehomaki Miso soup (onion and egg) <small>Teriyaki chicken/broccoli with mayonnaise/tomato</small> Joa (yogurt beverage)	Wheat rice Miso soup (potato and leek) <small>Grilled cod with cheese/cabbage with bonito</small> Bangsan-soo Yogurt	Chicken curry Radish salad <small>Assorted canned fruits (white peaches and mandarin oranges)</small>	Bibimbap bowl Wakame seaweed soup Broccoli with Chinese dressing Banana	Roll bread Rice Flour Cream Stew Japanese salad Orange	Miso ramen Banana
Afternoon snack	Milk Oni no pants cookie	Milk Popeye cake	Milk Karinto/biscuit	Milk Steamed bun with soy flour	Milk Candied sweet potato	Milk Melon bread
Date	10	11 Foundation Day	12	13 Noodle Day	14 Happy Menu	15
Morning Snack	Milk Rice cracker		Milk Corn flakes	Milk Cheese	Milk Biscuit	Milk Wafers
Lunch	Wheat rice Mashroom soup (nameo, shiitake, enoki) Fried natto Simmered chicken and radish lyokan		Wheat rice Miso soup (enoki mushroom and egg) Pork grilled with ginger Cabbage with shirasu <small>Assorted canned fruits (pineapple and mandarin orange)</small>	Tomato spaghetti with minced meat Consomme soup Broccoli with sesame paste Banana	Wheat rice Egg soup chicken cutlet/tomato Cucumber with salted kelp Apple carrot juice	Pork and rice bowl Barley tea Yogurt
Afternoon snack	Milk Carrot pancake		Milk Cracker sandwich (strawberry jam)	Barley tea Miso rice ball with komatsuna and tuna	Milk Cocoa steamed bun	Milk Bean bread
Date	17	18	19	20 World Cousine	21	22
Morning Snack	Milk Rice cracker	Milk Biscuit	Milk Cheese	Milk Cracker	Milk Corn flakes	Milk Wafers
Lunch	Wheat rice Miso soup (radish and nameko mushroom) Tofu hamburger steak/carrot mayonnaise Dressed Chinese cabbage with nori	Wheat rice Pork miso soup Mackerel with grated radish sauce Boiled spinach with shimeji mushroom Yogurt	Pork curry Dried radish with tuna Orange	Nasi goreng Root vegetable soup Gado-gado salad Joa (yogurt beverage)	Wheat rice miso soup (potato and leek) <small>Simmered tofu and hijiki with deep-fried tofu</small> Broccoli with bonito	Nagasaki Champon Banana
Afternoon snack	Milk Ogura pancake	Milk Pumpkin pie	Milk Handmade bean bread	Milk Banana cake	Milk Cookie	Milk Melon bread
Date	24 Substitute holiday	25	26	27 Noodle Day	28	
Morning Snack		Milk Rice cracker	Milk Corn flakes	Milk Cheese	Milk Cracker	
Lunch		Japanese mixed rice Miso soup (fu and leek) Grilled salmon Tataki cucumber Yogurt	Wheat rice miso soup (spinach and egg) Grilled chicken with curry/broccoli with bonito Potato salad <small>Assorted canned fruits (white peaches and mandarin oranges)</small>	Udon with deep-fried tofu Simmered potato with minced chicken Pudding	Wheat rice Miso soup (tofu and leek) Garibata chicken/cabbage with bonito Carrot with sesame paste lyokan	
Afternoon snack		Milk Pumpkin steamed bun	Milk Carrot cracker	Milk Donut	Milk Pie/biscuit	